

M C P S E R V E R

N O C O D E

C L O U D H O S T E D

Accessible Independent Living Planner MCP.

Turn personal independence goals into structured, autonomy-first action plans.

Accessible Independent Living Planner MCP converts your specific independence goals into sequenced roadmaps. It helps you navigate life transitions by identifying necessary support changes, managing external requests, and tracking progress through measurable milestones, all while keeping your personal autonomy at the center of every decision.

A+ Quality Score 100/100

autonomy

independence

action-plan

support-management

decision-log



The connectivity layer between AI and the world's software.

Vinkius sits between AI and every application. All communication passes through Vinkius Cloud via the Model Context Protocol (MCP) — with governance, observability, and security at every layer.

Your AI Connections Run Through Vinkius Cloud

The world's largest
managed MCP catalog

Vinkius is the connectivity layer where AI connects to the software your business already runs. We handle the hosting, the security, the credentials, the uptime — you get agents that actually do things.

We operate the world's largest managed MCP catalog. Major SaaS platforms, CRMs, databases, and cloud providers — running, monitored, production-ready. This MCP server is hosted and maintained by the Vinkius Cloud for AI Agents.

The agent doesn't manage credentials, doesn't manage uptime, doesn't manage security. Vinkius does.

— Architecture principle

Four Pillars of the Vinkius Runtime

01 — Security by design

Credentials stay encrypted at rest via AES-256. The AI agent never touches raw keys — they're injected into a sandboxed V8 isolate at runtime. Actions are logged, and connections have an emergency kill switch.

03 — Deterministic observability

Eight immutable metrics per endpoint: request volume, p95 latency, error rate, active connections, cost attribution. A live payload feed logs every tool call with mutation detection.

02 — Built on MCP Fusion

This MCP server was built with **MCP Fusion**, the open-source framework (Apache 2.0) that powers the entire Vinkius catalog. Schema-as-firewall strips undeclared fields, compiled PII redaction runs at zero overhead, and cryptographic lockfiles produce git-diffable audit trails.

04 — Autonomous operations

Servers are deployed, monitored, and patched autonomously. New capabilities and security patches ship weekly. Zero-downtime deployments ensure continuous availability across all managed MCP servers.

AES-256

Encryption at rest

Ed25519

PKI vault signatures

24h TTL

Ephemeral session keys

V8 Isolate

Sandboxed execution

One Token. Instant Access.

Every MCP server on Vinkius is accessed through a **Connection Token**. Tokens are generated in the cloud dashboard and produce a unique MCP endpoint URL. Paste this URL into any MCP-compatible client — no SDK required.

A single token can serve **multiple AI clients simultaneously**, or you can issue separate tokens per client for granular access control. Each token tracks its own request count, last activity timestamp, and can be individually enabled or revoked.

MCP ENDPOINT`https://edge.vinkius.com/{token}/mcp`

Claude



Cursor



VS Code



Windsurf



Grok



Gemini

Security Is the Architecture

Security in Vinkius is not a feature — it's the foundation of the runtime. The gateway enforces multiple independent protection layers between AI agents and third-party APIs.

01 — Ed25519 PKI Vault

Every workspace has an Ed25519 Master Key. Session keys are generated ephemerally (24h TTL) and signed by the Master Key. Credentials never leave the vault boundary.

02 — V8 Isolate Sandboxing

Tool code runs inside isolated-vm V8 isolates with 64 MB memory caps and per-request timeouts. No filesystem access, no network access except through the SSRF-guarded fetch bridge.

03 — SSRF Guard

All outbound HTTP requests are DNS-resolved and validated before execution. Private IP ranges (10.x, 172.16-31.x, 192.168.x, AWS metadata 169.254.x) are blocked at the network layer.

05 — Cryptographic Audit Trail

Every request is signed into a SHA-256 hash chain with Ed25519 signatures. Events form a tamper-proof, SIEM-exportable forensic record.

04 — DLP & PII Redaction

A ResponseGuard pipeline intercepts every tool response. Configurable redaction patterns strip sensitive fields (emails, SSNs, card numbers) before data reaches the AI agent.

06 — Honeypot Trap System

Phantom credentials are injected into isolated environments. If a honeypot is used outside Vinkius infrastructure, the server is quarantined instantly.

Emergency Kill Switch

EU AI Act Art. 14(1)
Compliant

The kill switch is an **emergency halt** mechanism — not a simple toggle. When triggered, it executes three actions atomically:

01 — Server deactivated

The MCP server is immediately taken offline across the entire cluster.

02 — All tokens revoked

Every connection token is invalidated. Total lockout — reconnection blocked until new tokens are issued.

03 — WebSocket connections killed

Active connections terminated via Redis pubsub broadcast. Propagates to every runtime node in the cluster.

Full Visibility. Zero Guesswork.

The Vinkius cloud dashboard includes a full MCP Governance suite — real-time analytics and security controls for production AI operations.

Control Plane

KPI dashboard with request volume, latency, success rate, token consumption, and AI-generated operational briefings.

FinOps

Cost tracking per tool, payload compression savings, budget optimization signals, and consumption trends.

Firewall & DLP

PII redaction activity, sensitive data protection counters, and security event timeline.

Agent Activity

Which AI clients are connecting, how often, and what they're doing — real-time session tracking.

Tool Health

Slowest and most error-prone tools, with actionable root-cause insights and performance baselines.

Incident Log

Error trends, failure rates, status-code breakdowns, and forensic audit trail access.

Get started at cloud.vinkius.com — connect your AI agent in under 60 seconds.

Accessible Independent Living Planner MCP

5 tools available

Cloud-hosted on Vinkius

You can use this MCP to bridge the gap between wanting more independence and actually knowing how to get there. Instead of following generic assistance models that might overlook your specific needs, this tool builds plans around your unique environmental constraints and the exact level of support you permit.

When you're planning a move, a career shift, or a change in how you manage daily tasks, the MCP helps you map out the logistics. It identifies exactly who you need to contact to move forward and calculates how your current support systems need to shift to accommodate your new goals. You won't just get a list of tasks; you'll get a documented reasoning process that ensures every step respects your consent and autonomy. It's about moving from a model of being assisted to a model of directed independence.

Core Capabilities

01 — Goal Sequencing

The AI uses this to turn a single objective into a logical series of steps.

02 — Support Gap Analysis

The AI uses this to find the difference between your current help and what you'll need for a new goal.

03 — Contact Identification

The AI uses this to list the specific entities you must reach out to for your plan to work.

04 — Autonomy Documentation

The AI uses this to record why certain paths were chosen to protect your independence.

05 — Milestone Tracking

The AI uses this to create a schedule of check-ins to measure your success.

One Click on Vinkius — From Prompt to Execution

Available at vinkius.com/en/ai-agent-connect/accessible-independent-living-planner — connect your AI agent in three steps.

- 01
- Connect the MCP to your preferred client like Claude or Cursor via Vinkius.
- 02
- Input your specific independence goal and your current constraints.
- 03
- The AI generates a sequenced roadmap and identifies necessary support shifts.
- 04
- Review the decision log and milestones to track your progress.

Connecting this MCP to your AI client gives you a reasoning engine for autonomy-focused planning.

Built For

This MCP is built for individuals navigating transitions toward greater autonomy and the professionals who support them.

Individuals seeking independence

People who want to use their AI client to build personal roadmaps for autonomy.

Support Coordinators

Professionals who use the tool to help clients plan transitions while respecting their consent.

Disability Advocates

Users who need to document autonomy-driven decisions and support adjustments.

What Changes When You Connect

- 01
- Converts abstract independence goals into concrete, sequenced steps.
- 02
- Maintains a record of autonomy-driven decisions through decision logs.

-
- 03** Identifies necessary changes to existing support systems.
-
- 04** Provides a clear list of external contacts needed for plan execution.
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Real-World Applications

Moving to Independent Housing

Use the tool to plan the financial, logistical, and physical requirements of moving into a new home.

Financial Autonomy

Create a roadmap for managing your own finances and setting up administrative supports.

Support System Reconfiguration

Calculate exactly how to adjust current assistance to better fit a new way of living.

Transition Management

Map out the steps needed when moving from one level of support to another.

Patterns to Avoid

Generic goal setting

❌ AVOID

Asking your AI client to just 'make a plan for living alone' without providing your specific environmental constraints.

✓ INSTEAD

Input your specific physical and financial constraints first, then use `generate\_action\_plan` to build a sequenced roadmap.

Ignoring support changes

❌ AVOID

Planning a move without checking if your current caregivers or agencies can actually support your new setup.

✓ INSTEAD

Run `calculate\_support\_adjustments` to see exactly how your current assistance needs to change to fit your new life.

Missing external coordination

❌ AVOID

Assuming you can handle a transition entirely on your own without knowing which agencies need to be notified.

✓ INSTEAD

Use `identify\_external\_requests` to get a list of the specific people and organizations you must contact.

The Right Fit

Connect this MCP if you are managing a transition toward greater autonomy or helping a client do the same. Do not use it if you are looking for generic lifestyle advice. The decision depends on whether you have specific environmental constraints and support needs to map out.

Accessible Independent Living Planner Tools

These tools convert high-level autonomy goals into actionable roadmaps, contact lists, and decision logs.

#	TOOL	DESCRIPTION
01	generate_decision_log	This tool documents the logic behind your plan to ensure every decision prioritizes your autonomy.
02	identify_external_requests	This tool finds the specific people or organizations you need to contact to keep your plan moving.
03	calculate_support_adjustments	This tool determines the specific changes required for your current support systems to meet your new goals.
04	create_review_checkpoints	This tool builds a schedule of measurable milestones so you can track your progress over time.
05	generate_action_plan	This tool converts your specific goals and constraints into a sequenced, step-by-step roadmap.

See It in Action

Real prompts you can use once this MCP is connected to your AI agent through Vinkius Cloud.

U I want to move into my own apartment by December. I currently live with parents, have \$5000 in savings, and can only accept physical help with moving heavy items.



To move by December, we will follow a three-stage plan: 1. Financial and Housing Search (securing the apartment and budgeting), 2. Logistics Preparation (arranging physical help for heavy items), and 3. Transition (the actual move).

U Help me plan for increased independence in managing my own finances.



I will create a roadmap for your financial independence, focusing on cognitive-administrative support and setting up review checkpoints to track your progress.

U What changes do I need to make to my current support to live more independently?



I will identify the specific shifts needed between your current arrangements and your target state, ensuring all changes align with your permitted supports.

Frequently Asked Questions

01 What makes this different from a standard planner?

This MCP focuses specifically on autonomy-first planning. It prioritizes your consent and specific environmental constraints over traditional assistance models.

02 Which AI clients can I use with this MCP?

You can use this with any MCP-compatible client, including Claude, Cursor, Windsurf, and VS Code.

03 How does the tool handle my specific limitations?

The tool uses your constraints to build the roadmap, ensuring that any suggested steps or support adjustments respect what you can and cannot do.

04 Can I use this to track my progress over time?

Yes, the tool can create review checkpoints that act as measurable milestones to track your movement toward your goal.

05 Does this MCP host my data?

Vinkius hosts and manages the MCP, allowing you to connect your client once and access the tools immediately.

06 How does this tool prioritize my autonomy?

The engine uses `generate\_decision\_log` to document how every plan step and support adjustment respects your stated autonomy and consent priorities, ensuring your preferences take precedence over standard assistance models.

07 Can I limit what kind of help I receive?

Yes. You define your 'permitted supports' during the planning process. The `identify\_external\_requests` tool will only suggest contacts that fall within those boundaries.

08 What is a staged action plan?

A staged action plan is a sequential roadmap created by `generate\_action\_plan` that breaks your goal down into logical phases, such as preparation and implementation.

Go Live in 60 Seconds

Get your connection token from cloud.vinkius.com, then paste the endpoint URL into any MCP-compatible client.

YOUR MCP ENDPOINT

`https://edge.vinkius.com/[TOKEN]/mcp`

CLIENT	WHERE TO CONFIGURE
 Claude AI	Profile → Customize → Connectors → "+" → Add custom connector → Paste endpoint
 Cursor	Settings → Features → MCP Servers → "+ Add New MCP Server" → Type: SSE → Paste endpoint
 VS Code	Ctrl/Cmd+Shift+P → "MCP: Add Server" → add <code>"accessible-independent-living-planner": { "url": "..." }</code>
 Windsurf	MCP Settings → <code>mcp_settings.json</code> → Add endpoint URL
 ChatGPT	Settings → Tools & plugins → Add MCP server → Paste endpoint
 Gemini	Extensions → Add MCP Server → Paste endpoint URL

ASK AN AI ABOUT THIS

Let your preferred AI explain this MCP server

-  Ask ChatGPT 
-  Ask Claude 
-  Ask Perplexity 
-  Ask Gemini 
-  Ask Grok 

READY TO CONNECT

Accessible Independent Living Planner is live on Vinkius Cloud.

Get your connection token, paste it into your AI agent, and
start building. No SDK. No deployment. Just results.

Start at cloud.vinkius.com →

vinkius.com · support@vinkius.com

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Endpoint	<code>https://edge.vinkius.com/{token}/mcp</code>

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