

M C P S E R V E R

N O C O D E

C L O U D H O S T E D

Care Social Visit Plan MCP

Manage your social life without burning out.

Care Social Visit Plan MCP coordinates your social calendar by respecting your physical energy limits and accessibility needs. It handles the heavy lifting of scheduling visits, drafting respectful invitations, matching transport to your requirements, and providing clear protocols for when you need to cancel due to low energy.

A+ Quality Score 100/100

care

energy-management

scheduling

accessibility

logistics



The connectivity layer between AI and the world's software.



Vinkius sits between AI and every application. All communication passes through Vinkius Cloud via the Model Context Protocol (MCP) — with governance, observability, and security at every layer.

Your AI Connections Run Through Vinkius Cloud

The world's largest
managed MCP catalog

Vinkius is the connectivity layer where AI connects to the software your business already runs. We handle the hosting, the security, the credentials, the uptime — you get agents that actually do things.

We operate the world's largest managed MCP catalog. Major SaaS platforms, CRMs, databases, and cloud providers — running, monitored, production-ready. This MCP server is hosted and maintained by the Vinkius Cloud for AI Agents.

The agent doesn't manage credentials, doesn't manage uptime, doesn't manage security. Vinkius does.

— Architecture principle

Four Pillars of the Vinkius Runtime

01 — Security by design

Credentials stay encrypted at rest via AES-256. The AI agent never touches raw keys — they're injected into a sandboxed V8 isolate at runtime. Actions are logged, and connections have an emergency kill switch.

03 — Deterministic observability

Eight immutable metrics per endpoint: request volume, p95 latency, error rate, active connections, cost attribution. A live payload feed logs every tool call with mutation detection.

02 — Built on MCP Fusion

This MCP server was built with **MCP Fusion**, the open-source framework (Apache 2.0) that powers the entire Vinkius catalog. Schema-as-firewall strips undeclared fields, compiled PII redaction runs at zero overhead, and cryptographic lockfiles produce git-diffable audit trails.

04 — Autonomous operations

Servers are deployed, monitored, and patched autonomously. New capabilities and security patches ship weekly. Zero-downtime deployments ensure continuous availability across all managed MCP servers.

AES-256

Encryption at rest

Ed25519

PKI vault signatures

24h TTL

Ephemeral session keys

V8 Isolate

Sandboxed execution

One Token. Instant Access.

Every MCP server on Vinkius is accessed through a **Connection Token**. Tokens are generated in the cloud dashboard and produce a unique MCP endpoint URL. Paste this URL into any MCP-compatible client — no SDK required.

A single token can serve **multiple AI clients simultaneously**, or you can issue separate tokens per client for granular access control. Each token tracks its own request count, last activity timestamp, and can be individually enabled or revoked.

MCP ENDPOINT`https://edge.vinkius.com/{token}/mcp`

Claude



Cursor



VS Code



Windsurf



Grok



Gemini

Security Is the Architecture

Security in Vinkius is not a feature — it's the foundation of the runtime. The gateway enforces multiple independent protection layers between AI agents and third-party APIs.

01 — Ed25519 PKI Vault

Every workspace has an Ed25519 Master Key. Session keys are generated ephemerally (24h TTL) and signed by the Master Key. Credentials never leave the vault boundary.

02 — V8 Isolate Sandboxing

Tool code runs inside isolated-vm V8 isolates with 64 MB memory caps and per-request timeouts. No filesystem access, no network access except through the SSRF-guarded fetch bridge.

03 — SSRF Guard

All outbound HTTP requests are DNS-resolved and validated before execution. Private IP ranges (10.x, 172.16-31.x, 192.168.x, AWS metadata 169.254.x) are blocked at the network layer.

05 — Cryptographic Audit Trail

Every request is signed into a SHA-256 hash chain with Ed25519 signatures. Events form a tamper-proof, SIEM-exportable forensic record.

04 — DLP & PII Redaction

A ResponseGuard pipeline intercepts every tool response. Configurable redaction patterns strip sensitive fields (emails, SSNs, card numbers) before data reaches the AI agent.

06 — Honeypot Trap System

Phantom credentials are injected into isolated environments. If a honeypot is used outside Vinkius infrastructure, the server is quarantined instantly.

Emergency Kill Switch

EU AI Act Art. 14(1)
Compliant

The kill switch is an **emergency halt** mechanism — not a simple toggle. When triggered, it executes three actions atomically:

01 — Server deactivated

The MCP server is immediately taken offline across the entire cluster.

02 — All tokens revoked

Every connection token is invalidated. Total lockout — reconnection blocked until new tokens are issued.

03 — WebSocket connections killed

Active connections terminated via Redis pubsub broadcast. Propagates to every runtime node in the cluster.

Full Visibility. Zero Guesswork.

The Vinkius cloud dashboard includes a full MCP Governance suite — real-time analytics and security controls for production AI operations.

Control Plane

KPI dashboard with request volume, latency, success rate, token consumption, and AI-generated operational briefings.

FinOps

Cost tracking per tool, payload compression savings, budget optimization signals, and consumption trends.

Firewall & DLP

PII redaction activity, sensitive data protection counters, and security event timeline.

Agent Activity

Which AI clients are connecting, how often, and what they're doing — real-time session tracking.

Tool Health

Slowest and most error-prone tools, with actionable root-cause insights and performance baselines.

Incident Log

Error trends, failure rates, status-code breakdowns, and forensic audit trail access.

Get started at cloud.vinkius.com — connect your AI agent in under 60 seconds.

Care Social Visit Plan MCP

4 tools available

Cloud-hosted on Vinkius

You shouldn't have to choose between seeing friends and feeling physically exhausted. This MCP acts as a coordination engine that treats your energy as a finite resource. Instead of overcommitting, you can set an energy budget and let your AI client build a schedule that actually works for your body. It calculates the cost of each visit and ensures you have enough recovery time between outings. When a plan is set, the MCP helps you handle the logistics, from finding the right vehicle for your mobility needs to sending polite messages to guests. If you hit a wall and need to cancel, it provides the exact wording to use so you can prioritize your health without feeling guilty. It turns social planning from a source of stress into a manageable, predictable part of your week.

Core Capabilities

01 — Energy Budgeting

Your agent uses your energy limits to prevent overscheduling.

02 — Logistics Matching

The MCP connects your specific mobility needs to appropriate transport options.

03 — Automated Messaging

Your client drafts polite invitations and cancellation notes based on your situation.

04 — Recovery Spacing

The tool builds gaps into your schedule to ensure you have time to recharge.

One Click on Vinkius — From Prompt to Execution

Available at vinkius.com/en/ai-agent-connect/care-social-visit-plan — connect your AI agent in three steps.

- 01
- Connect your AI client to the Vinkius hosted MCP.
- 02
- Tell your agent your current energy level and guest list.
- 03
- Review the generated schedule and transport assignments.
- 04
- Use the tool to send invitations or trigger cancellation protocols when needed.

Connect your preferred client to Vinkius and start managing your social life through simple text commands.

Built For

This MCP is built for anyone managing chronic illness, neurodivergence, or limited mobility who needs to plan social interactions carefully.

Individuals with chronic fatigue

They hand off energy tracking and schedule balancing to the AI.

Care coordinators

They use the tool to manage logistics and transport for clients with accessibility needs.

Neurodivergent adults

They use the tool to manage social battery and prevent sensory or mental burnout.

What Changes When You Connect

- 01
- Prevents burnout by treating energy as a measurable constraint.
- 02
- Reduces social anxiety through standardized cancellation templates.
- 03
- Simplifies logistics by matching transport to accessibility requirements.

- 04 Maintains social connections through personalized, respectful messaging.
-

Real-World Applications

Weekly Energy Planning

You input your total energy capacity for the week and your guest list to get a balanced schedule.

Accessibility Logistics

You use the tool to ensure the transport assigned to a visit meets your specific physical needs.

Graceful Cancellations

When you run out of energy, the tool provides a template to notify guests without causing friction.

Guest Outreach

You have your agent draft custom invitations once a social window is identified.

Patterns to Avoid

Ignoring energy limits

❌ AVOID

You try to schedule three coffee dates in one afternoon because you feel okay in the morning.

✓ INSTEAD

Set a realistic energy budget first and use `plan_social_calendar` to ensure you have enough recovery time between visits.

Manual cancellation stress

❌ AVOID

You feel guilty about canceling a lunch date and spend an hour overthinking the text message.

✓ INSTEAD

Use `get_cancellation_protocol` to get a polite, standardized template that prioritizes your health without the mental load.

Mismatched transport planning

❌ AVOID

You book a standard rideshare for a visit when you actually need a vehicle with specific mobility features.

✓ INSTEAD

Use `assign_transport` to match your specific accessibility requirements to the right vehicle for every trip.

The Right Fit

Connect this MCP if you manage chronic illness, neurodivergence, or mobility constraints that make social planning exhausting. Do not connect it if you have unlimited energy and no specific accessibility needs. The decision depends entirely on whether you need to treat your physical capacity as a measurable constraint.

Care Social Visit Plan Tools

These tools manage your energy budget, coordinate accessible transport, and handle all social communication.

#	TOOL	DESCRIPTION
01	assign_transport	This tool matches specific vehicle requirements to your accessibility needs for every planned visit.
02	plan_social_calendar	This tool builds a structured schedule of visits by balancing guest availability against your specific energy constraints.
03	generate_invitations	This tool writes personalized and respectful messages to invite your approved guests to upcoming events.
04	get_cancellation_protocol	This tool provides standardized instructions and communication templates to help you cancel visits gracefully when energy is low.

See It in Action

Real prompts you can use once this MCP is connected to your AI agent through Vinkius Cloud.

U Plan a social calendar for next week with an energy limit of 50 units using these guests: Alice (10 units), Bob (15 units), and Charlie (20 units).



I have created a balanced schedule for next week: Monday with Alice (10 units), Wednesday with Bob (15 units), and Friday with Charlie (20 units). Your remaining energy is 5 units.

U Generate an invitation for Bob for our scheduled meal on Wednesday.



Hi Bob, I would love for you to join me for a meal this Wednesday. Looking forward to it!

U I need to cancel my visit with Charlie because my energy is too low. My current energy is 5.



I have prepared the cancellation protocol. You can send this message to Charlie: 'Hi Charlie, I'm feeling a bit low on energy today and need to reschedule our visit. I hope you understand!'

Frequently Asked Questions

01 How does the MCP handle energy limits?

The plan_social_calendar tool calculates the energy cost of each visit and ensures the total does not exceed your specified limit.

02 Can I use this with Claude or Cursor?

Yes, this MCP works with any MCP-compatible client including Claude, Cursor, and Windsurf.

03 What happens if I need to cancel a plan?

You can use the `get_cancellation_protocol` tool to receive a polite, ready-to-use message for your guests.

04 Does this help with transportation?

Yes, the `assign_transport` tool matches your specific accessibility requirements to available vehicle options.

05 Do I need to host this myself?

No, Vinkius hosts and manages the MCP for you, so you only need to connect your client once.

06 How does the tool manage my energy levels?

The `plan_social_calendar` tool calculates the energy cost of each activity and ensures the total does not exceed your defined limit, while also maintaining necessary recovery time between visits.

07 Can I use this to organize transport for my guests?

Yes, the `assign_transport` tool matches your specific accessibility needs with available vehicles to ensure safe and comfortable travel for every visit.

08 What happens if I run out of energy unexpectedly?

You can use `get_cancellation_protocol` to receive standardized instructions and polite, guilt-free messages to notify hosts and guests about cancellations.

Go Live in 60 Seconds

Get your connection token from cloud.vinkius.com, then paste the endpoint URL into any MCP-compatible client.

YOUR MCP ENDPOINT

`https://edge.vinkius.com/[TOKEN]/mcp`

CLIENT	WHERE TO CONFIGURE
 Claude AI	Profile → Customize → Connectors → "+" → Add custom connector → Paste endpoint
 Cursor	Settings → Features → MCP Servers → "+" Add New MCP Server" → Type: SSE → Paste endpoint
 VS Code	Ctrl/Cmd+Shift+P → "MCP: Add Server" → add <code>"care-social-visit-plan": { "url": "..." }</code>
 Windsurf	MCP Settings → <code>mcp_settings.json</code> → Add endpoint URL
 ChatGPT	Settings → Tools & plugins → Add MCP server → Paste endpoint
 Gemini	Extensions → Add MCP Server → Paste endpoint URL

ASK AN AI ABOUT THIS

Let your preferred AI explain this MCP server

-  Ask ChatGPT 
-  Ask Claude 
-  Ask Perplexity 
-  Ask Gemini 
-  Ask Grok 

READY TO CONNECT

Care Social Visit Plan is live on Vinkius Cloud.

Get your connection token, paste it into your AI agent, and
start building. No SDK. No deployment. Just results.

Start at cloud.vinkius.com →

vinkius.com · support@vinkius.com

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