

M C P   S E R V E R

N O   C O D E

C L O U D   H O S T E D

# Language Practice Minutes MCP

Turn your study logs into clear progress metrics.

Language Practice Minutes MCP lets your AI client track exactly how much time you spend on different language learning tasks. Instead of guessing how much you've studied, you can ask your agent for a full breakdown of your engagement, total minutes, or specific activity summaries to see where your focus actually lies.

**A+** Quality Score 100/100

language

tracking

learning

metrics

education



# The connectivity layer between AI and the world's software.

---

Vinkius sits between AI and every application. All communication passes through Vinkius Cloud via the Model Context Protocol (MCP) — with governance, observability, and security at every layer.

# Your AI Connections Run Through Vinkius Cloud

The world's largest  
managed MCP catalog

Vinkius is the connectivity layer where AI connects to the software your business already runs. We handle the hosting, the security, the credentials, the uptime — you get agents that actually do things.

We operate the world's largest managed MCP catalog. Major SaaS platforms, CRMs, databases, and cloud providers — running, monitored, production-ready. This MCP server is hosted and maintained by the Vinkius Cloud for AI Agents.

*The agent doesn't manage credentials, doesn't manage uptime, doesn't manage security. Vinkius does.*

— Architecture principle

---

## Four Pillars of the Vinkius Runtime

### 01 — Security by design

Credentials stay encrypted at rest via AES-256. The AI agent never touches raw keys — they're injected into a sandboxed V8 isolate at runtime. Actions are logged, and connections have an emergency kill switch.

### 03 — Deterministic observability

Eight immutable metrics per endpoint: request volume, p95 latency, error rate, active connections, cost attribution. A live payload feed logs every tool call with mutation detection.

### 02 — Built on MCP Fusion

This MCP server was built with **MCP Fusion**, the open-source framework (Apache 2.0) that powers the entire Vinkius catalog. Schema-as-firewall strips undeclared fields, compiled PII redaction runs at zero overhead, and cryptographic lockfiles produce git-diffable audit trails.

### 04 — Autonomous operations

Servers are deployed, monitored, and patched autonomously. New capabilities and security patches ship weekly. Zero-downtime deployments ensure continuous availability across all managed MCP servers.

**AES-256**

Encryption at rest

**Ed25519**

PKI vault signatures

**24h TTL**

Ephemeral session keys

**V8 Isolate**

Sandboxed execution

---

## One Token. Instant Access.

Every MCP server on Vinkius is accessed through a **Connection Token**. Tokens are generated in the cloud dashboard and produce a unique MCP endpoint URL. Paste this URL into any MCP-compatible client — no SDK required.

A single token can serve **multiple AI clients simultaneously**, or you can issue separate tokens per client for granular access control. Each token tracks its own request count, last activity timestamp, and can be individually enabled or revoked.

**MCP ENDPOINT**`https://edge.vinkius.com/{token}/mcp`

Claude



Cursor



VS Code



Windsurf



Grok



Gemini

---

## Security Is the Architecture

Security in Vinkius is not a feature — it's the foundation of the runtime. The gateway enforces multiple independent protection layers between AI agents and third-party APIs.

**01 — Ed25519 PKI Vault**

Every workspace has an Ed25519 Master Key. Session keys are generated ephemerally (24h TTL) and signed by the Master Key. Credentials never leave the vault boundary.

**02 — V8 Isolate Sandboxing**

Tool code runs inside isolated-vm V8 isolates with 64 MB memory caps and per-request timeouts. No filesystem access, no network access except through the SSRF-guarded fetch bridge.

### 03 — SSRF Guard

All outbound HTTP requests are DNS-resolved and validated before execution. Private IP ranges (10.x, 172.16-31.x, 192.168.x, AWS metadata 169.254.x) are blocked at the network layer.

### 05 — Cryptographic Audit Trail

Every request is signed into a SHA-256 hash chain with Ed25519 signatures. Events form a tamper-proof, SIEM-exportable forensic record.

### 04 — DLP & PII Redaction

A ResponseGuard pipeline intercepts every tool response. Configurable redaction patterns strip sensitive fields (emails, SSNs, card numbers) before data reaches the AI agent.

### 06 — Honeypot Trap System

Phantom credentials are injected into isolated environments. If a honeypot is used outside Vinkius infrastructure, the server is quarantined instantly.

## Emergency Kill Switch

EU AI Act Art. 14(1)  
Compliant

The kill switch is an **emergency halt** mechanism — not a simple toggle. When triggered, it executes three actions atomically:

#### 01 — Server deactivated

The MCP server is immediately taken offline across the entire cluster.

#### 02 — All tokens revoked

Every connection token is invalidated. Total lockout — reconnection blocked until new tokens are issued.

#### 03 — WebSocket connections killed

Active connections terminated via Redis pubsub broadcast. Propagates to every runtime node in the cluster.

## Full Visibility. Zero Guesswork.

The Vinkius cloud dashboard includes a full MCP Governance suite — real-time analytics and security controls for production AI operations.

**Control Plane**

KPI dashboard with request volume, latency, success rate, token consumption, and AI-generated operational briefings.

**FinOps**

Cost tracking per tool, payload compression savings, budget optimization signals, and consumption trends.

**Firewall & DLP**

PII redaction activity, sensitive data protection counters, and security event timeline.

**Agent Activity**

Which AI clients are connecting, how often, and what they're doing — real-time session tracking.

**Tool Health**

Slowest and most error-prone tools, with actionable root-cause insights and performance baselines.

**Incident Log**

Error trends, failure rates, status-code breakdowns, and forensic audit trail access.

Get started at [cloud.vinkius.com](https://cloud.vinkius.com) — connect your AI agent in under 60 seconds.

# Language Practice Minutes MCP

4 tools available

Cloud-hosted on Vinkius

You can stop manually tallying up your study sessions. This MCP gives your AI client the ability to monitor and aggregate your language learning data. If you want to know if you're spending too much time reading and not enough time listening, your agent can pull that data instantly. You can check your total engagement or look at specific timeframes to see how your habits change over weeks or months. It's a simple way to turn raw practice logs into actionable insights about your fluency journey. Your agent handles the math and the categorization, leaving you to focus on the actual learning.

---

## Core Capabilities

### 01 — Time Aggregation

Your agent sums up all recorded practice sessions into a single total.

### 03 — Engagement Summaries

Your agent generates high-level reports for specific time ranges.

### 02 — Category Analysis

The AI breaks down your study time into specific types like reading or listening.

### 04 — Activity Validation

The system confirms that your activity types match recognized categories.

# One Click on Vinkius — From Prompt to Execution

Available at [vinkius.com/en/ai-agent-connect/language-practice-minutes](https://vinkius.com/en/ai-agent-connect/language-practice-minutes) — connect your AI agent in three steps.

- 01 Connect your preferred client like Claude or Cursor to Vinkius.
- 02 The MCP becomes available as a toolset within your agent's context.
- 03 Ask your agent questions about your practice time or activity breakdowns.
- 04 The agent calls the specific tools to pull and process your data.
- 05 You receive a direct answer or a formatted list of your progress.

Connecting this MCP to your AI client is a one-time setup that enables instant data retrieval.

## Built For

This is for anyone serious about tracking their linguistic progress through data. It's built for people who want their AI to act as a study coach.

### Language Learners

Users who want to monitor their study habits and avoid burnout.

### Polyglots

People managing multiple languages who need to balance time across different skills.

### Language Coaches

Instructors who want to review student engagement metrics via an AI agent.

## What Changes When You Connect

- 01 Eliminates manual math for study session totals.
- 02 Identifies skill imbalances through activity breakdowns.
- 03 Provides historical context for learning trends.

---

## 04 Validates activity types to keep data clean.

---

---

# Real-World Applications

### Skill Balancing

Ask your agent to compare listening time against speaking time to see where you're lagging.

### Monthly Reviews

Get a summary of your total engagement at the end of every month.

### Goal Tracking

Check your total practice minutes against a target number you've set for yourself.

### Activity Auditing

Use the breakdown tool to see which specific activities are eating up most of your time.

---

---

# Patterns to Avoid

### Guessing your study totals

#### ❌ AVOID

You ask your agent to estimate how much you studied last month based on vague memories.

#### ✓ INSTEAD

Ask your agent to use ``get_total_practice_minutes`` to get an exact count of your entire practice history.

---

### Ignoring skill imbalances

#### ❌ AVOID

You assume you are becoming fluent because you feel like you are practicing a lot.

#### ✓ INSTEAD

Use ``get_activity_breakdown`` to see the actual minutes spent on reading versus listening to find where you are lagging.

---

### Using invalid activity categories

#### ❌ AVOID

You try to log a new type of study session that the system doesn't recognize.

#### ✓ INSTEAD

Run ``verify_activity_validity`` to ensure your activity types match the recognized categories in the system.

---

## The Right Fit

Connect this MCP if you want your AI to act as a data-driven study coach. If you prefer manual spreadsheets or don't care about specific skill breakdowns, you don't need this. The decision comes down to whether you want your agent to handle the math for you.

---

# Language Practice Minutes: 4 Essential Tools

These tools let your agent calculate study totals, break down activity types, and validate your practice logs.

| #  | TOOL                       | DESCRIPTION                                                                                                                                                         |
|----|----------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 01 | get_activity_breakdown     | This tool provides a detailed list of time spent per activity type. Your agent uses it to show you exactly how many minutes went to reading, writing, or listening. |
| 02 | get_practice_summary       | This tool retrieves a high-level summary of your learning engagement. It's useful when you need a quick overview of your progress over a specific period.           |
| 03 | get_total_practice_minutes | This tool calculates the total time spent on all language activities. It gives your agent a single number representing your entire practice history.                |
| 04 | verify_activity_validity   | This tool checks if a specific activity type is recognized by the system. It ensures your agent is using valid categories for your logs.                            |

---

## See It in Action

Real prompts you can use once this MCP is connected to your AI agent through Vinkius Cloud.

**U** How many total minutes have I spent practicing?



You have spent a total of 450 minutes on language activities.

**U** Give me a breakdown of my activities where I spent at least 30 minutes.



Your activities with at least 30 minutes are: Reading (120 minutes), Listening (90 minutes), and Writing (45 minutes).

**U** What is my learning summary for the last month?



In the last month, you completed 300 minutes across 4 unique activities, with an average of 75 minutes per activity.

---

## Frequently Asked Questions

### 01 How do I use this MCP with Claude?

You connect to the Vinkius catalog once, and the tools become immediately available in your Claude interface.

### 02 Can I see how much time I spent reading specifically?

Yes, your agent can use the activity breakdown tool to show you the exact minutes spent on reading.

### 03 Does this work with Cursor or VS Code?

Yes, any MCP-compatible client including Cursor and VS Code can use these tools.

---

**04 What kind of summaries can my agent provide?**

Your agent can provide high-level engagement summaries for specific timeframes using the practice summary tool.

---

**05 How does the tool verify my activities?**

The verify activity validity tool checks your entries against recognized activity types to ensure accuracy.

---

**06 How can I see my total study time?**

You can use the `get\_total\_practice\_minutes` tool to calculate the total time spent on all activities or a specific category.

---

**07 Can I filter my activity breakdown?**

Yes, the `get\_activity\_breakdown` tool allows you to set a minimum minute threshold to filter out low-engagement activities.

---

**08 How do I check if an activity is valid?**

Use the `verify\_activity\_validity` tool to check if a specific activity name is recognized by the system.

---

# Go Live in 60 Seconds

Get your connection token from [cloud.vinkius.com](https://cloud.vinkius.com), then paste the endpoint URL into any MCP-compatible client.

YOUR MCP ENDPOINT

`https://edge.vinkius.com/[TOKEN]/mcp`

| CLIENT                                                                                              | WHERE TO CONFIGURE                                                                                          |
|-----------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|
|  <b>Claude AI</b>  | Profile → Customize → Connectors → "+" → Add custom connector → Paste endpoint                              |
|  <b>Cursor</b>     | Settings → Features → MCP Servers → "+" Add New MCP Server" → Type: SSE → Paste endpoint                    |
|  <b>VS Code</b>  | Ctrl/Cmd+Shift+P → "MCP: Add Server" → add <code>"language-practice-minutes": {<br/>  "url": "..." }</code> |
|  <b>Windsurf</b> | MCP Settings → <code>mcp_settings.json</code> → Add endpoint URL                                            |
|  <b>ChatGPT</b>  | Settings → Tools & plugins → Add MCP server → Paste endpoint                                                |
|  <b>Gemini</b>   | Extensions → Add MCP Server → Paste endpoint URL                                                            |

ASK AN AI ABOUT THIS

Let your preferred AI explain this MCP server

-  Ask ChatGPT 
-  Ask Claude 
-  Ask Perplexity 
-  Ask Gemini 
-  Ask Grok 

READY TO CONNECT

# Language Practice Minutes is live on Vinkius Cloud.

Get your connection token, paste it into your AI agent, and  
start building. No SDK. No deployment. Just results.

**Start at [cloud.vinkius.com](https://cloud.vinkius.com) →**

[vinkius.com](https://vinkius.com) · [support@vinkius.com](mailto:support@vinkius.com)

INDEPENDENT PLATFORM DISCLAIMER

Vinkius is an independent platform and is not affiliated with, endorsed by, sponsored by, verified by, or otherwise authorized by Language Practice Minutes. All third-party trademarks, logos, and brand names are the property of their respective owners. Their use in this document is strictly for informational purposes to identify service compatibility and interoperability.

DOCUMENT INFORMATION

|            |                                      |
|------------|--------------------------------------|
| Generated  | September 2026                       |
| MCP Server | Language Practice Minutes MCP        |
| Server ID  | 01a0cc7b-3003-7233-8bcf-412a5cf48f06 |
| Platform   | Vinkius Cloud for AI Agents          |
| Endpoint   | https://edge.vinkius.com/{token}/mcp |

LICENSE & USAGE

This document is generated automatically by the Vinkius PDF Engine. Content reflects the MCP server configuration at the time of generation and may change as updates are deployed. For the most current information, visit [vinkius.com/en/ai-agent-connect/language-practice-minutes](https://vinkius.com/en/ai-agent-connect/language-practice-minutes).