

MCP SERVER

NO CODE

CLOUD HOSTED

Self-Compassion Scale MCP

Instantly score self-acceptance using psychometric tools.

The Self-Compassion Scale (SCS) provides an immediate, professional assessment engine for self-compassion scores. Input raw responses to 12 items and instantly receive global and subscale scores covering Kindness, Humanity, and Mindfulness. This MCP delivers detailed profile interpretations, letting your AI client understand exactly where a user stands on the spectrum of self-acceptance.

A+ Quality Score 100/100

self-compassion

psychometrics

mental-health

scoring

assessment-engine



The connectivity layer between AI and the world's software.



Vinkius sits between AI and every application. All communication passes through Vinkius Cloud via the Model Context Protocol (MCP) — with governance, observability, and security at every layer.

Your AI Connections Run Through Vinkius Cloud

The world's largest
managed MCP catalog

Vinkius is the connectivity layer where AI connects to the software your business already runs. We handle the hosting, the security, the credentials, the uptime — you get agents that actually do things.

We operate the world's largest managed MCP catalog. Major SaaS platforms, CRMs, databases, and cloud providers — running, monitored, production-ready. This MCP server is hosted and maintained by the Vinkius Cloud for AI Agents.

The agent doesn't manage credentials, doesn't manage uptime, doesn't manage security. Vinkius does.

— Architecture principle

Four Pillars of the Vinkius Runtime

01 — Security by design

Credentials stay encrypted at rest via AES-256. The AI agent never touches raw keys — they're injected into a sandboxed V8 isolate at runtime. Actions are logged, and connections have an emergency kill switch.

03 — Deterministic observability

Eight immutable metrics per endpoint: request volume, p95 latency, error rate, active connections, cost attribution. A live payload feed logs every tool call with mutation detection.

02 — Built on MCP Fusion

This MCP server was built with **MCP Fusion**, the open-source framework (Apache 2.0) that powers the entire Vinkius catalog. Schema-as-firewall strips undeclared fields, compiled PII redaction runs at zero overhead, and cryptographic lockfiles produce git-diffable audit trails.

04 — Autonomous operations

Servers are deployed, monitored, and patched autonomously. New capabilities and security patches ship weekly. Zero-downtime deployments ensure continuous availability across all managed MCP servers.

AES-256

Encryption at rest

Ed25519

PKI vault signatures

24h TTL

Ephemeral session keys

V8 Isolate

Sandboxed execution

One Token. Instant Access.

Every MCP server on Vinkius is accessed through a **Connection Token**. Tokens are generated in the cloud dashboard and produce a unique MCP endpoint URL. Paste this URL into any MCP-compatible client — no SDK required.

A single token can serve **multiple AI clients simultaneously**, or you can issue separate tokens per client for granular access control. Each token tracks its own request count, last activity timestamp, and can be individually enabled or revoked.

MCP ENDPOINT

`https://edge.vinkius.com/{token}/mcp`

Claude



Cursor



VS Code



Windsurf



Grok



Gemini

Security Is the Architecture

Security in Vinkius is not a feature — it's the foundation of the runtime. The gateway enforces multiple independent protection layers between AI agents and third-party APIs.

01 — Ed25519 PKI Vault

Every workspace has an Ed25519 Master Key. Session keys are generated ephemerally (24h TTL) and signed by the Master Key. Credentials never leave the vault boundary.

02 — V8 Isolate Sandboxing

Tool code runs inside isolated-vm V8 isolates with 64 MB memory caps and per-request timeouts. No filesystem access, no network access except through the SSRF-guarded fetch bridge.

03 — SSRF Guard

All outbound HTTP requests are DNS-resolved and validated before execution. Private IP ranges (10.x, 172.16-31.x, 192.168.x, AWS metadata 169.254.x) are blocked at the network layer.

05 — Cryptographic Audit Trail

Every request is signed into a SHA-256 hash chain with Ed25519 signatures. Events form a tamper-proof, SIEM-exportable forensic record.

04 — DLP & PII Redaction

A ResponseGuard pipeline intercepts every tool response. Configurable redaction patterns strip sensitive fields (emails, SSNs, card numbers) before data reaches the AI agent.

06 — Honeypot Trap System

Phantom credentials are injected into isolated environments. If a honeypot is used outside Vinkius infrastructure, the server is quarantined instantly.

Emergency Kill Switch

EU AI Act Art. 14(1)
Compliant

The kill switch is an **emergency halt** mechanism — not a simple toggle. When triggered, it executes three actions atomically:

01 — Server deactivated

The MCP server is immediately taken offline across the entire cluster.

02 — All tokens revoked

Every connection token is invalidated. Total lockout — reconnection blocked until new tokens are issued.

03 — WebSocket connections killed

Active connections terminated via Redis pubsub broadcast. Propagates to every runtime node in the cluster.

Full Visibility. Zero Guesswork.

The Vinkius cloud dashboard includes a full MCP Governance suite — real-time analytics and security controls for production AI operations.

Control Plane

KPI dashboard with request volume, latency, success rate, token consumption, and AI-generated operational briefings.

FinOps

Cost tracking per tool, payload compression savings, budget optimization signals, and consumption trends.

Firewall & DLP

PII redaction activity, sensitive data protection counters, and security event timeline.

Agent Activity

Which AI clients are connecting, how often, and what they're doing — real-time session tracking.

Tool Health

Slowest and most error-prone tools, with actionable root-cause insights and performance baselines.

Incident Log

Error trends, failure rates, status-code breakdowns, and forensic audit trail access.

Get started at cloud.vinkius.com — connect your AI agent in under 60 seconds.

Self-Compassion Scale (SCS) MCP

3 tools available

Cloud-hosted on Vinkius

Need to assess someone's level of self-compassion? This MCP handles the entire Short Form Self-Compassion Scale (SCS-SF) assessment process. You feed it raw responses for 12 specific items, and it does all the heavy lifting. It calculates not only a single overall score but also scores broken down by three key subscales: Kindness, Humanity, and Mindfulness. Plus, you get an interpretation of the profile—a clear description of what those numbers mean in real life. When you connect this MCP through Vinkius, your AI client can run these complex psychometric calculations without needing specialized coding knowledge. It turns raw data points into actionable insights about self-acceptance.

Core Capabilities

01 — Calculate overall scores

The tool processes 12 item responses to determine the global, subscale, and profile self-compassion scores.

03 — Interpret assessment results

It generates a qualitative description of an individual's self-compassion level based on the calculated scores.

02 — Retrieve scoring logic

This function provides the specific configuration details for the SCS scale, clarifying how each score is weighted.

One Click on Vinkius — From Prompt to Execution

Available at vinkius.com/mcp/self-compassion-scale-scs — connect your AI agent in three steps.

- 01 Provide the raw inputs for all 12 items of the scale to begin.
- 02 The MCP calculates the global score and the three subscale scores (Kindness, Humanity, Mindfulness).
- 03 Finally, it retrieves a detailed profile interpretation explaining what those specific numbers mean.

The bottom line is that you get a complete, multi-faceted psychometric report from just raw responses.

Built For

Mental health practitioners and research teams need this MCP. If you're tired of manually scoring assessment questionnaires or having to cross-reference complex psychometric rules, this tool handles the math and the interpretation for you.

Licensed Counselor

Uses the scores to quickly gauge a client's self-compassion profile during a session, guiding immediate conversation points.

Mental Health Researcher

Integrates the scoring logic and assessment engines into study pipelines to analyze large datasets of psychometric outcomes.

Wellness Coach

Uses the resulting profile interpretations to give clients clear, actionable feedback on their self-kindness or mindfulness levels.

What Changes When You Connect

- 01 Get a full picture of self-compassion. Instead of just one number, this MCP calculates scores across three distinct subscales (Kindness, Humanity, Mindfulness), giving you layered insight into the user's emotional landscape.

-
- 02** Stop guessing what the score means. The `get_profile_interpretation` tool provides clear descriptions, transforming a complex metric into actionable understanding for coaches and clinicians alike.
-
- 03** Process data in bulk. Use `calculate_scs_scores` to efficiently score multiple sets of raw item responses at once, saving hours of manual calculation time on research projects.
-
- 04** Understand the rules instantly. Need to verify scoring logic? The `get_scale_config` tool gives you immediate access to the technical setup, letting you audit how results are derived.
-
- 05** Focus on the patient, not the math. By automating the entire psychometric process, your agent frees up cognitive load for interpreting the data and building rapport.
-

Real-World Applications

Assessing a New Client

A counselor needs to quickly understand where a client's self-acceptance struggles lie. They feed their agent the 12 item responses, and the MCP returns scores for Kindness, Humanity, and Mindfulness. The counselor can then use the profile interpretation to guide the first session discussion.

Designing Educational Modules

A wellness coach wants to teach self-compassion theory. They use the MCP's `get_scale_config` tool to pull up the exact scoring criteria, ensuring their educational content is based on accurate psychometric standards.

Researching Scale Reliability

A researcher needs to validate data points across hundreds of subjects. They repeatedly call `calculate_scs_scores` using a batch script, ensuring consistency and accurately comparing subscale variations without manual intervention.

Quick Pre-Screening

A therapist wants a rapid self-assessment for intake. They ask their agent to calculate the scores using `calculate_scs_scores`, and the resulting profile interpretation gives them an immediate, high-level view of potential areas of concern.

Patterns to Avoid

Treating it as a simple quiz

X AVOID

A user just inputs random numbers expecting a single 'good' or 'bad' score, missing the nuance between global and subscale results.

✓ INSTEAD

Don't stop at one number. Always run `calculate_scs_scores` to get the full set of global and subscale scores, then follow up with `get_profile_interpretation` for context.

Ignoring scoring rules

X AVOID

A developer tries to write custom scoring logic based on outdated or incomplete information.

✓ INSTEAD

Check the official parameters first. Use `get_scale_config` to retrieve the precise, current scoring structure before writing any calculation code.

Over-relying on general AI summaries

X AVOID

An agent gives a vague summary that doesn't account for variations in the three subscales.

✓ INSTEAD

Force your AI client to use the specialized tools. Call `calculate_scs_scores` and then pass those specific results into `get_profile_interpretation`. Never generalize.

The Right Fit

Use this MCP if you need a robust, multi-faceted psychometric assessment of self-compassion that requires precise scoring rules. Specifically, if your workflow involves taking raw item responses (the 12 items) and needing to return not just one number, but detailed scores for Kindness, Humanity, and Mindfulness, then this is the right choice. Don't use it if you only need a simple 'yes/no' answer about emotional state; that requires a different type of diagnostic tool. Also, don't rely on general chat models to interpret these results—they lack the psychometric rigor. You must use the combination of `calculate_scs_scores` and then follow up with `get_profile_interpretation` for reliable, context-rich results.

The Scoring Burden

Today, assessing self-compassion means dealing with a mountain of paperwork. You manually input 12 separate Likert scale responses into one spreadsheet. Then, you have to remember the complicated rules: which items score backward? How do you weight the global score against the subscales? Finally, you spend time cross-referencing those numbers in a textbook to write up what 'Moderate' really means.

With this MCP, that process collapses into three simple steps. Your AI client handles all the complicated arithmetic and psychometric rules automatically. You get back a clean, structured report detailing every score—the global total, the three subscales, and a clear written profile interpretation. It's immediate.

Understanding Scores with ``get_profile_interpretation``

Previously, receiving a number like 3.08 meant nothing without constant reference to external documentation. You were left asking: Is that high? Low? What does 'Moderate' imply for intervention?

Now, after the MCP calculates your score, you immediately call `get_profile_interpretation`. The result isn't just text; it's a specific explanation detailing what self-kindness and environmental awareness mean in practice. You know exactly how to talk to the client.

Self-Compassion Scale (SCS) with 3 Tools

These tools allow you to run comprehensive assessments on the Short Form Self-Compassion Scale, calculating scores and interpreting results using raw item responses.

#	TOOL	DESCRIPTION
01	<code>calculate_scs_scores</code>	Takes raw item responses and returns the calculated global and subscale scores for the Self-Compassion Scale.
02	<code>get_profile_interpretation</code>	Generates a written explanation of what the overall self-compassion score means to the user.
03	<code>get_scale_config</code>	Retrieves technical details about how the Self-Compassion Scale is structured and scored.

See It in Action

Real prompts you can use once this MCP is connected to your AI agent through Vinkius Cloud.

U Calculate my self-compassion score for these responses: item1: 4, item2: 2, item3: 5, item4: 1, item5: 4, item6: 3, item7: 5, item8: 2, item9: 4, item10: 3, item11: 5, item12: 2.



Based on your responses, your global self-compassion score is 3.25. Your subscale scores are Kindness: 3.67, Humanity: 3.0, and Mindfulness: 3.08. Your profile is Moderate.

U What items in the SCS scale need reverse scoring?



The items that require reverse scoring are: 2, 5, 6, 8, and 9.

U Explain what a 'High' self-compassion profile means.



A High profile represents a state of strong, consistent self-kindness and environmental awareness.

Frequently Asked Questions

01 How do I calculate my score using the Self-Compassion Scale (SCS) MCP?

You use the `calculate_scs_scores` tool. You simply provide your 12 item responses, and it handles all the scoring rules to return both global and subscale totals.

02 What does 'profile interpretation' mean after using the Self-Compassion Scale (SCS) MCP?

The profile interpretation gives you a written summary of your self-compassion level. It turns raw numbers into understandable context, telling you what your scores imply about your current emotional state.

03 Does the Self-Compassion Scale (SCS) MCP handle reverse scoring?

Yes, it does. The internal logic of `calculate_scs_scores` automatically accounts for items that require inverse scoring, so you don't have to worry about manual adjustments.

04 Can I get the technical rules from the Self-Compassion Scale (SCS) MCP?

You can use `get_scale_config`. This tool retrieves the full scale configuration, allowing you to verify how the scores are weighted and calculated.

05 Is this good for research? Self-Compassion Scale (SCS) MCP?







Absolutely. Because it is structured by Vinkius, you can reliably integrate `calculate_scs_scores` into large data collection pipelines for consistent, repeatable results.

Go Live in 60 Seconds

Get your connection token from cloud.vinkius.com, then paste the endpoint URL into any MCP-compatible client.

YOUR MCP ENDPOINT

```
https://edge.vinkius.com/[TOKEN]/mcp
```

CLIENT	WHERE TO CONFIGURE
 Claude AI	Profile → Customize → Connectors → "+" → Add custom connector → Paste endpoint
 Cursor	Settings → Features → MCP Servers → "+ Add New MCP Server" → Type: SSE → Paste endpoint
 VS Code	Ctrl/Cmd+Shift+P → "MCP: Add Server" → add <code>"self-compassion-scale-scs": { "url": "..." }</code>
 Windsurf	MCP Settings → <code>mcp_settings.json</code> → Add endpoint URL
 ChatGPT	Settings → Tools & plugins → Add MCP server → Paste endpoint
 Gemini	Extensions → Add MCP Server → Paste endpoint URL

ASK AN AI ABOUT THIS

Let your preferred AI explain this MCP server

-  **Ask ChatGPT** 
-  **Ask Claude** 
-  **Ask Perplexity** 
-  **Ask Gemini** 
-  **Ask Grok** 

READY TO CONNECT

Self-Compassion Scale (SCS) is live on Vinkius Cloud.

Get your connection token, paste it into your AI agent, and
start building. No SDK. No deployment. Just results.

[Start at cloud.vinkius.com](https://cloud.vinkius.com) →

vinkius.com · support@vinkius.com

INDEPENDENT PLATFORM DISCLAIMER

Vinkius is an independent platform and is not affiliated with, endorsed by, sponsored by, verified by, or otherwise authorized by Self-Compassion Scale (SCS). All third-party trademarks, logos, and brand names are the property of their respective owners. Their use in this document is strictly for informational purposes to identify service compatibility and interoperability.

DOCUMENT INFORMATION

Generated	June 2026
MCP Server	Self-Compassion Scale (SCS) MCP
Server ID	019f0489-2a85-73f3-8dbc-f3b2f6e039ad
Platform	Vinkius Cloud for AI Agents
Endpoint	https://edge.vinkius.com/{token}/mcp

LICENSE & USAGE

This document is generated automatically by the Vinkius PDF Engine. Content reflects the MCP server configuration at the time of generation and may change as updates are deployed. For the most current information, visit vinkius.com/mcp/self-compassion-scale-scs.